



## Praise & Thanks Lorraine Rothman ~

Dear Lorraine,

*I am so sorry to hear about your having such a crummy time through the medical industrial complex and your illness. I wish I could heal you right now. I'd give you a back massage & feet massage & will lift you up in prayers & positive energy. Get hugs from daughters, son & friends & take extra care during this transition time. "What pioneer ever had a chart and a lighthouse to steer by?" (Catherine Drinker Bowen. YOU have been a pioneer. Know that I treasure your teaching & mentoring to me beginning in 1973. Thousands of women have benefited from your Gyn Self-Help Clinics. Your training enabled me to help organize the **Detroit Feminist Women's Health Center, Women's Choice Clinic**, to be the **first woman-owned & controlled clinic in Michigan** (January 1974-December 1981). At least 40 women developed feminist awareness & potent skills to carry forth in future jobs. You helped create innovative changes in women's health delivery all over the US. I'm looking for photos to send from early days ☺ **I'm grateful for your endeavors** at the first FWHC Institute, working with you at your beloved Santa Ana clinic, YOU sharing your home, your skills, experience, keen mind and heart. Most of all your heart...I send you a Praise & Thanks POEM!*

**L = Liberator, Longevity, Learner & Loyal to women's health care**

**O = Organizer of FWHCs & GynSHCs, Older Women's Liberation (OWL) & One terrific Unitarian!**

**R = Researcher & Realistic**

**R = Reproductive freedom fighter with speculum in hand!  
Respectful of partnering & parenting & Relationships**

**A = Administrator, Author, AB rights Activist**

**I = Inventor of the Del-Em ME kit; Initiator & Internationalist**

**N = N.O.W. founding member Orange County; New Zealand trainer & teacher**

**E = Educator, Easy humorist & Ernest**

♪ In Sisterhood & Love Always,  
Cathy C. Courtney